

Citizen Finalists



Selena Jones



Angelica Stambuk

Selena Jones and **Angelica Stambuk** were concerned when they heard that young people were struggling to express their feelings during the uniquely stressful time of the pandemic. They sought a way to address their concern, and *Expressing Your Emotions Through Art: A Week of Color* is the result. Initially, they created a group of five workshops for students to use color in art to express the feelings and emotional challenges engendered by stress. A free online portal was written in Spanish and English, which led to a book which they packaged with paper and quality art supplies to equip children who were lacking these tools. To expand the effort, Selena and Angelica devised a four-tiered program involving partnerships with the Lake Oswego Library, the Clackamas ESD, art teachers, and the Clackamas County Arts Alliance.